



PALARONG PAMBANSA 2009
REGION VIII LEYTE PROVINCE & TACLOBAN CITY
April 26 to May 2, 2009
Schedule of Events in Athletics

April 27, 2009 Morning		DAY 1	MONDAY		
Time	Event No.	Event	Team	Level	
7:30	1	Javelin Throw	Secondary Girls	F	
	2	Long Jump	Secondary Boys	F	
	3 Spl. Game 01	Long Jump	MC 16-above	F	
	4	110 M Hurdles	Secondary Boys	TT	
	5	110 M Hurdles	Elementary Boys	TT	
	6	100 M Hurdles	Secondary Girls	TT	
	7	100 M Hurdles	Elementary Girls	TT	
	8 Spl. Game 02	50 M	V.I.	F	
	9 Spl. Game 03	100 M	MC 15-below (B&G)	F	
	10	Javelin Throw	Secondary Boys	F	
Afternoon					
1:30	11	Triple Jump	Elementary Boys	F	
	12 Spl. Game 04	Shot Put	MC 15-below (B&G)	F	
	13	Shot Put	Elementary Girls	F	
	14	100 M	Elementary Girls	TT	
	15	100 M	Secondary Girls	TT	
	16	100 M	Elementary Boys	TT	
	17	100 M	Secondary Boys	TT	
	18 Spl. Game 05	100 M	MC 16-above (B&G)	F	
	19	Triple Jump	Secondary Boys	F	
	20	800 M	Elementary Boys	TT	
	21	800 M	Secondary Boys	TT	
	22	800 M	Elementary Girls	TT	
	23	800 M	Secondary Girls	TT	
April 28, 2009 Opening Ceremony Palarong Pambansa 2009					
April 29, 2009 DAY 2		WEDNESDAY			
8:00	24	Discus Throw	Elementary Boys	F	
	25	Discus Throw	Secondary Girls	F	
	26	400 M Hurdles	Elementary Girls	TT	
	27	400 M Hurdles	Secondary Girls	TT	
	28	Triple Jump	Secondary Girls	F	
	29	400 M Hurdles	Elementary Boys	TT	
	30	400 M Hurdles	Secondary Boys	TT	
	31 Spl. Game 06	200 M	MC 16-above (B&G)	F	
	32 Spl. Game 07	100 M	V.I.	F	

Afternoon

2:00	33	Shot Put	Secondary Boys	F
	34	Shot Put	Secondary Girls	F
	35	Long Jump	Elementary Boys	F
	36 Spl. Game 08	Long Jump	V.I. & MC 15-below (B&G)	F
	37	400 M	Elementary Boys	TT
	38	400 M	Secondary Boys	TT
	39	400 M	Elementary Girls	TT
	40 A	400 M	Secondary Girls	TT
	40 B Spl. Game 09	400 M	MC 15-below & 16 above (B&G)	F
	41	Triple Jump	Elementary Girls	F
	42	3,000M Steeple Chase	Secondary Boys	F

April 30, 2009 Morning DAY 3 THURSDAY

8:00	43 Spl. Game 10	Goal Ball	V.I.	SE – start of game pairing
	44	Discus Throw	Secondary Boys	F
	45	Long Jump	Secondary Girls	F
	46	400 M Hurdles	Elementary Girls	F
	47	400 M Hurdles	Secondary Girls	F
	48	400 M Hurdles	Elementary Boys	F
	49	400 M Hurdles	Secondary Boys	F
	50	200 M	Elementary Girls	TT
	51	200 M	Secondary Girls	TT
	52	200 M	Elementary Boys	TT
	53	200 M	Secondary Boys	TT
	54 Spl. Game 11	200 M	MC 15-below	F
	55 Spl. Game 12	4 X 100 M Relay	MC 16-above (B&G)	F

Afternoon

2:00	56	Long Jump	Elementary Girls	F
	57	Shot Put	Elementary Boys	F
	58 Spl. Game 13	Shot Put	V.I. & MC 16-above (B&G)	F
	59	100 M	Elementary Boys	F
	60	100 M	Secondary Boys	F
	61	100 M	Elementary Girls	F
	62	100 M	Secondary Girls	F
	63	800 M	Elementary Boys	F
	64	800 M	Secondary Boys	F
	65	800 M	Elementary Girls	F
	66	800 M	Secondary Girls	F
	67 Spl. Game 14	4 X 100 M Relay	MC 15-below (B&G)	F

May 1, 2009 Morning DAY 4 FRIDAY

7:30	68	Javelin Throw	Elementary Boys	F
	69	5000 M	Secondary Boys	F
	70	High Jump	Secondary Boys	F
	71	100 M Hurdles	Secondary Girls	F
	72	100 M Hurdles	Elementary Girls	F
	73	110 m Hurdles	Elementary Boys	F
	74	110 M Hurdles	Secondary Boys	F
	75	400 M	Elementary Girls	F
	76	400 M	Secondary Girls	F
	77	400 M	Elementary Boys	F
	78	400 M	Secondary Boys	F